

# MOVE

AT FIVE ▶

FIVE ▶ PALM JUMEIRAH

## APRIL MEMBERSHIP PRICELIST

### MOVERS MEMBERSHIP (OPEN GYM & BEACH ACCESS ONLY)

1 WEEK • 550  
1 MONTH • 1200 (+ 2 WEEKS COMPLIMENTARY)  
3 MONTHS • 3000 (+ 1 MONTH COMPLIMENTARY)  
6 MONTHS • 4800

- COMPLIMENTARY VALET PARKING
- PREFERRED RATE FOR CLASS BUNDLES

### DAY PASS

CLASS ONLY • 75\*/125  
DAY PASS (OPEN GYM & BEACH) • 125  
DAY PASS, CLASS & BEACH ACCESS • 150  
BOOTCAMP & ICE BATH • 150  
OPEN GYM & ICE BATH • 195  
DAY PASS & SPA POOL • 200

### ICE BATH SESSIONS

STAND-ALONE ICE BATH FOR 5 MINS • 75  
STAND-ALONE ICE BATH 10 MINS • 125  
STAND-ALONE ICE BATH 15 MINS • 175

### PERSONAL TRAINING

1 ON 1 • 350/HR  
1 ON 2 • 450/HR

### PT BUNDLES

1 ON 1 • 10 SESSIONS • 3200  
1 ON 2 • 10 SESSIONS • 4250  
1 ON 1 • 20 SESSIONS • 6000  
1 ON 2 • 20 SESSIONS • 8000

### BODY TRANSFORMATION PACKAGE

12 WEEKS • 3 SESSIONS/WEEK • 10,800  
12 WEEKS • 4 SESSIONS/WEEK • 14,400  
(INCLUDES MEAL PLANS, CUSTOMISED  
TRAINING PLAN FOR A 12 WEEK PERIOD)

ALL PRICES ARE IN UAE DIRHAMS, INCLUSIVE OF 5% VAT, 7% MUNICIPALITY FEE, AND 10% SERVICE CHARGE.

5 CLASS BUNDLE IS VALID FOR 14 DAYS ONLY FROM THE DAY OF PURCHASE.

10 CLASS BUNDLE IS VALID FOR 30 DAYS ONLY FROM THE DAY OF PURCHASE.

20 CLASS BUNDLE IS VALID FOR 45 DAYS ONLY FROM THE DAY OF PURCHASE.

WE OFFER A PREFERRED RATE FOR FACECARD AND PLATINUM CARD HOLDERS AND TEACHERS FOR OUR MOVERS MEMBERSHIP.\*  
GYM ENTRY 75 | CLASS DROP IN 100 | 5 CLASS 500 | 10 CLASSES 850 | 20 CLASSES 1750 | UNLIMITED CLASSES 1950 | BOOTCAMP 75/125  
PT 10 SESSION BUNDLE VALID FOR 30 DAYS. PT 20 SESSION BUNDLE VALID FOR 45 DAYS.

BODY TRANSFORMATION PACKAGE IS FOR 12 WEEKS WITH POSSIBILITY OF EXTENSION FOR 1 WEEK ONLY.