Daily Classes
Residents AED75 | Walk-In AED100
Walk-In Day Pass AED90
Gym Access Complimentary For Residents + Hotel Guests

MOVE
AT FIVE

WED   7:30am

Gym Session

FRI   7:30am – 6:00am

Pump and Grind

SAT   8:00am

Beach Body Bootcamp

GROUP
CLASSES

For more info, call 04 455 99 64