

REFIVE

SPA, BEAUTY & WELLNESS

*Scrub it
Real Good*

TRADITIONAL HAMMAM

FACIALS
MASSAGES
SPRAY TAN
YOGA & GYM

*All you need is
perfect lashes brows*

BY BROW STUDIO

DETOX BEFORE
YOU RETOX
AT DETOX ME
CAFÈ

BOOKINGS



JUST THE TWO OF US

Body scrub followed by a full body massage for two, plus a glass of bubbly.

90 MINS • AED1545
PER COUPLE

TOTAL INDULGENCE

Body scrub, express facial, followed by a full body massage.

120 MINS • AED1000

REFIVE EXPERIENCE

Hydrating facial, followed by a full body massage.

120 MINS • AED1000

VOYA ORGANIC PRENATAL JOURNEY

A gentle Voya Organic exfoliant for radiant skin whilst easing pregnancy discomfort with nourishing mama oil, ensuring comfort, support, and restoration.

90 MINS • AED855



SPA POOL + STEAM ROOM

Head upstairs to our rooftop pool with hydrotherapy jets, luxe sun loungers and steam room.



DETOX ME CAFÉ

Fuel up with Detox Me at ReFIVE Spa. A hideout for soulful bowls, blooming teas and energy boosting smoothies to nourish your body, mind and soul.

DAILY • 9AM - 6PM

DETOX LOVER

Express facial, body scrub and quartz bed massage

90 MINS • AED795

SPA, LUNCH & BEACH

Outside guests are welcomed to 45-minute massage or facial, lunch in one of FIVE's signature restaurants spanning Italian at Cinque, Mediterranean tapas at Beach by FIVE or international classics at BLVD on One, followed by complimentary beach access.

MON - THURS • AED399

KISSED BY THE SUN

The perfect skin recovery treatment after a day in the sun. Give your skin some TLC and reduce the redness of your skin with an aloe vera body wrap, face mask, SPF application or luxurious shimmer body oil.

30 MINS • AED350

SCRUB IT REAL GOOD!

COFFEE SCRUB

Cellulite reduction, glowing skin and sun recovery

30 MINS • AED295

BOTANICAL SCRUB

Anti-aging, acne prevention, scar healing

45 MINS • AED350

CLASSIC SCRUB

The ultimate exfoliant to remove dead skin cells for glowing skin

30 MINS • AED295

VOYA ORGANIC WARM SPICED MUD WRAP

Firm, tone, detoxify, and rejuvenate in our fresh ocean seaweed wrap

45 MINS • AED455



SPA

#FACIALS

HYDRATION

NaturaBissē
DIAMOND COCOON

Reverses effects of pollution using a special massage and highly effective ingredients.

Ideal for dehydrated skin

60 MINS • AED845

Jodasli

MARINE MINERAL

Uses active ingredients and minerals to remineralise, oxygenate, tone and firm.

Ideal for uneven complexion

60 MINS • AED645

REJUVENATION

NaturaBissē
3D COLLAGEN

A firming and anti-aging facial, using 3 collagens to boost elastin and redefine the facial contour.

Ideal for stressed and mature skin

60 MINS • AED745

Jodasli

THERMAL INFUSION

Nature's natural face lift. Thermal mask maximises vitamin infusion leaving skin hydrated and toned.

Ideal for sensitive and mature skin

90 MINS • AED845

DETOX

NaturaBissē
CITRUS ESSENCE

A citrus aromatherapy ritual. The high levels of Vitamin C leave skin radiant and hydrated.

Ideal for dull skin

60 MINS • AED645

Jodasli

PURITY

Restores natural radiance using plant essence formulas with deep cleansing properties.

Ideal for congested or imbalanced skin

60 MINS • AED745

HYDRATION

IN A HURRY? NO PROBLEM.

The ultimate vitamin boost. For last-minute glow and picture perfect skin results.

30 MINS • AED335

HYDRATION

GOLD LED MASK

This healing light treatment calms and rejuvenates for radiant skin.

15 MINS • AED95

NaturaBissē

The industry leader for revolutionary cosmetic techniques using only the most result driven ingredients.

Jodasli

A holistic approach to skincare using organic ingredients with unique formulas to yield truly healthy skin.



BELLABACI CUPPING MASSAGE THERAPY

This ancient cupping therapy uses suction with medical grade silicone cups to enhance blood circulation, decrease fluid retention and cellulite, help with pain relief and lymphatic drainage to remove toxins from the body.

FACE LIFT & REPAIR

Includes cleanse and hydrating sheet mask

45 MINS • AE495

MUSCLE RECOVERY

Full body treatment to relieve pain and inflammation

60 MINS • AED795

REVITALIZING MASSAGE

Face & body treatment to combat fluid retention, fatigue and boost lymphatic drainage and blood circulation

90 MINS • AED995

CBD MASSAGE AND FACIAL

AMPLIFY

BAMBOO MASSAGE WITH CBD OILS

Enjoy the invigorating and revitalising effects of the OTO amplify CBD body oil infused with grapefruit, juniper berry and bitter orange essential oils.

These essential oils are known to supplement the natural vitamin and mineral balance in the skin leaving it healthy and glowing.

90 MINS • AED855

BALANCE

FACIAL WITH CBD PRODUCTS

Enjoy the relaxing and soothing effects of the OTO blanc CBD body oil infused with fragonia, helichrysum and chamomile essential oils.

These essential oils are known to help promote healthy skin cell regeneration and a glowing, youthful complexion.

60 MINS • AED745

ADD CBD TO YOUR TREATMENT!

Option to add CBD Oil with any facial or massage for AED150



UPGRADE YOUR TREATMENT

Take your treatment to the next level and allow your body to enter a cocoon-like state of relaxation with our speciality quartz or wave treatment beds.

Benefits include

- Greater energy
- Lowered stress
- Strengthened immunity

STRETCHING

Ease tight and tense muscles with a stretching experience.

Stretching can boost your flexibility, reduce the risk of injury and decrease muscle tension.

45 MINS • AED395



SPA

#MASSAGES

STRESS RELIEF



FEATHER TOUCH

Ideal for massage newbies! Light pressure point massage applying regenerating oils, boosting skin comfort and glow.

60 MINS • AED595
90 MINS • AED685

ENERGY HEALING



BALANCING ACT

Classic Swedish massage movements and oils to ease muscle tension, using medium pressure.

60 MINS • AED595
90 MINS • AED685

MUSCLE TENSION



MUSCLE MELT

Deep tissue massage focusing on sore and tight muscle tension from heavy workout or deep stress.

60 MINS • AED655
90 MINS • AED730

EXPRESS MESSAGE

IN A HURRY? NO PROBLEM

Pick your focus area, pressure intensity and technique preferences.

30 MINS • AED295

TREAT YOURSELF!

HEAD & NECK MASSAGE
REVIVING FOOT MASSAGE

30 MINS • AED295

HOT STONES



- Relieve tension and muscle pain
- Promote deep relaxation
- Reduce stress and anxiety

AED100

QUARTZ BED



- Increase energy levels
- Lower stress
- Detoxify
- Relieve muscle tension

AED100

WAVE BED



- Increase circulation
- Improve sleep
- Promote deep relaxation
- Support immunity
- Sound stimulation

AED100

ICE BATH, DO YOU DARE?

Plunge into the icy cool waters and take advantage of faster muscle recovery, improved sleep patterns, stress reduction and even boosting immunity, while our therapists coach you special breathwork and meditation exercises.

1 SESSION • AED145
5 SESSIONS • AED580
10 SESSIONS • AED1155



REFIVE

SPA, BEAUTY & WELLNESS

WELLNESS

REBALANCE

YOGA

Find your inner zen with our in-house yoga teacher as you start the day with flow or gentle yoga in our dedicated yoga studio.

GROUP CLASS • AED100
PRIVATE CLASS • AED595

SOUND HEALING

Balance and clear your mind with sound healing meditation.

60 MINS PRIVATE CLASS • AED595

#FITNESS

SHAPE UP

PERSONAL TRAINING

IN-HOUSE GUESTS

Book one of our in-house personal trainers to keep you motivated.

1 SESSION • AED300
10 SESSIONS • AED2500
20 SESSIONS • AED3500

NON-RESIDENT GUESTS

1 SESSION • AED350
10 SESSIONS • AED3000
20 SESSIONS • AED4000

EMS

A state-of-the-art training method that is focused on the scientific concept of electrical muscle stimulation. Equivalent to 240 minutes of heavy gym work out.

1 SESSION • AED250
6 SESSIONS • AED1250

EXTERNAL TRAINER

Prefer training with your own external personal trainer?
No problem, use our state-of-the-art facilities with your own external personal trainer for an additional AED80 only.



TRADITIONAL HAMMAM

A traditional, deep exfoliation practice using black soap and kessa scrub followed by a Ghassoul clay mask to detoxify the skin and remove old skin cells. Combined with heat, steam and stretching massage techniques, for deeply cleansed and smooth skin.

MOROCCAN

Nourishing kessa scrub
+ Ghassoul clay mask
+ Nurturing organic elixir

60 MINS • AED595

HERBAL

Nourishing kessa scrub
+ Honey body scrub
+ Ghassoul clay mask
+ Scalp mask
+ Nurturing organic elixir

75 MINS • AED695

SIGNATURE

Nourishing kessa scrub
+ Honey body scrub
+ Ghassoul clay mask
+ Scalp mask
+ Express facial
+ Nurturing organic elixir

90 MINS • AED795

TRANQUIL

Nourishing kessa scrub
+ Ghassoul clay mask
+ Nurturing organic elixir
+ Body massage

120 MINS • AED955

IMMEDIATE BENEFITS OF HAMMAM

- 1 Reduces stress, anxiety and promotes deep relaxation.
- 2 Removes dead skin from the body and unclogs pores while eliminating toxins from the skin.
- 3 Provides essential vitamins and minerals to nourish and hydrate the skin.
- 4 Prevents acne, helps heal scars and reduces redness.
- 5 Boosts the immune system and activates blood circulation.
- 6 Decreases muscle tension, soothes muscle pain and rheumatism.
- 7 Helps tone and firm the skin while improving elasticity to rejuvenate.
- 8 Body and mind. Boosts energy levels and a more balanced feeling.

OUR HAMMAM
TREATMENTS USE
NATURAL, QUALITY
INGREDIENTS



BEAUTY

#NAIL SERVICES

Elevate your nail game with The Naughty Girl Salon because nails should always be on point! At our salon, we use top-quality acrylic to provide you with that classic, elegant touch for any event or a vibrant, party-ready glam ready for any occasion. Your nails, our craftsmanship - a winning combination!

MANICURE

ACRYLIC LUXE

NEW SET 1 COLOUR • AED450
REFILL 1 COLOUR • AED400

GEL LUXE

NEW SET 1 COLOUR • AED450
REFILL 1 COLOUR • AED400

PEDICURE

ACRYLIC LUXE

NEW SET 1 COLOUR (Full pedicure) • AED450
REFILL 1 COLOUR (Full pedicure) • AED400

DECORATION

FRENCH TIP (Painted) • AED80
BABYBOOM (Build with acrylic) • AED80
FRENCH TIP (Made with acrylic) • AED100
Handpainted decoration or nail art prices may vary

REMOVAL

ACRYLIC OR GEL REMOVAL • AED50
REMOVAL FOR SEMI • AED30

Take home your own complimentary nail kit for top maintenance at the end of your appointment.





BEAUTY

#BROWSERVICES

Hello Brow Studio! Achieve the brows and eyelashes of your dreams, be that classic defined eyes suitable from day to night, or dramatic glam to be party ready all day every day, Brow Studio has you covered.

EYELINER

SEMI-PERMANENT

Wake up flawless with beautifully defined eyes thanks to our Semi-Permanent eyeliner. Gentle and non-invasive, it's the simplest yet most effective way to achieve definition without the need for makeup no matter what time of day.

EYELINER SPMU
AED2700

EYELINER TOUCH UP
4-8 WEEKS • AED800

LIPS

SEMI-PERMANENT

Pucker up, this natural treatment will ensure your lips look full, plump and beautifully defined without the use of lip liner or lipstick. Your lips will never be more kissable.

LIP BLUSH
AED3000

LIPS TOUCH UP
4-8 WEEKS • AED800

BEAUTY MARK

Draw attention to your best asset with a beauty spot or sun-kissed freckles.

AED525

SPRAY TAN

Fake it 'til you make it! Get that golden glow with Naked Tan - a vegan, wash and wear spray tan.

Keep your tan in tip top shape!

- Exfoliate beforehand
- Wear loose clothing after your treatment
- Apply moisturiser daily

30 MINS • AED350



BEAUTY

LASHES

CLASSICS

LASH LIFT

Temporary natural lash lifting
AED420

CLASSIC EXTENSIONS

Add length and fullness
AED525

2D EXTENSIONS

Classic look, amplified
AED600

VOLUME EXTENSIONS

Full glamour lashes
AED675

EXTENSION REMOVAL

AED120

#BROW SERVICES

BROWS

CLASSICS

BROW SCULPT

Shape and tint your brows
AED240

BROW LIFT

Give your brows a lift and fullness
AED465

SEMI-PERMANENT

EYEBROW MICROBLADING

Achieve fuller brows creating super fine natural
looking hair strokes
AED2985

MICROBLADING TOUCH UP

(4-8 weeks)
AED800

EYEBROW SHADING

Apply a powder finish to darken
and define your brows
AED2985

SHADING TOUCH UP

(4-8 weeks)
AED800

COMBO BROWS TOUCH UP

(4-8 weeks)
AED800

WELLNESS QUICKIE

EXPRESS FACIAL

30 MINS
AED335

EXPRESS MASSAGE

30 MINS
AED295

WRAP

45 MINS
AED455

SCRUB

30 MINS
AED295

BOTANICAL BODY POLISH

45 MINS
AED350

MASSAGES

FEATHER TOUCH

Light pressure

60 MINS · AED595
90 MINS · AED685

BALANCING ACT

Medium pressure

60 MINS · AED595
90 MINS · AED685

MASSAGE MELT

Intense pressure

60 MINS · AED655
90 MINS · AED730

SUN RECOVERY

Kissed by the sun

45 MINS · AED350

CBD

BAMBOO MASSAGE

With OTO CBD oils

90 MINS · AED855

FACIAL

With OTO CBD oils

60 MINS · AED745

BUCKET LIST

- Quartz bed
- Wave bed
- Hot stones
- Spa lunch & beach
- Detox Me Café.
- Spa pool & steam room.
- Spray tan
- Yoga & sound healing
- EMS & PT
- Ice bath

FACIALS

HYDRATION

Diamond cocoon
60 MINS · AED845

Marine mineral
60 MINS · AED645

REJUVENATION

3D collagen
60 MINS · AED745

Thermal infusing
90 MINS · AED845

DETOX

Citrus essence
60 MINS · AED645

Purity
60 MINS · AED745

BELLABACI CUPPING MASSAGE THERAPY

- Face Lift & Repair
45 MINS · AED495
- Muscle Recovery
60 MINS · AED795
- Revitalizing
90 MINS · AED995

EXPERIENCES

REFIVE EXPERIENCE

Facial +
Massage

120 MINS · AED1000

JUST THE TWO OF US

Scrub +
Massage

90 MINS · AED1545
Per couple

TOTAL INDULGENCE

Scrub +
Facial +
Massage

120 MINS · AED1000

DETOX LOVER

Express facial, body
scrub and quartz
bed massage

90 MINS · AED795

RETAIL

BEACHWEAR · SWIMWEAR · SUNSCREEN · MAKE UP · PERFUME
SKINCARE · HATS · SUNGLASSES · JEWELLERY · SLIPPERS · BEACH BAGS

SPA ETIQUETTE

To maintain the peaceful and relaxing atmosphere in ReFIVE Spa we kindly ask you to speak in a soft voice and also turn off all mobile and electronic devices. We also ask that you refrain from taking pictures once entering the private men's and women's spa areas. When using the shared steam, sauna and facilities please wear the disposable undergarments provided.

ARRIVING AT THE SPA

Please arrive 30 minutes prior to your treatment to make full use of our steam room and sauna Area. Kindly ensure you arrive on time to make full use of your appointment time. Late arrivals will still be charged the full treatment amount.

LATE ARRIVALS

In the event that you are running late, we will do our best to provide your full treatment. Late arrivals will still be charged the full treatment amount.

WHAT TO WEAR

Robes, loose clothing for Thai massage and comfortable disposable underwear is provided if desired. Please also bring swimwear if planning to enjoy the spa facilities such as steam & sauna.

CANCELLATION POLICY

All cancellations within 3 hours of bookings are subject to a 50% cancellation charge. If you are booking within this cancellation window, please be aware of your schedule and ensure that you are able to keep the appointment. Group bookings of 5 or more people must be cancelled within 48 hours. All no-show appointments will be charged full.

WELLNESS TREATMENTS-VITAMIN THERAPY

Are you in pursuit of an instant celebrity-like radiance or just looking to revitalize your energy levels? Explore our range of vitamin IV therapy tailored to your requirements, delivering swift results, starting at just 600 AED.

DERMATOLOGY & AESTHETICS

We offer a personalized approach to achieving your unique aspirations, our aesthetic programs and procedures are created with a holistic perspective to ensure your most optimal results.

FACE

Botox, Dermal fillers, Profhilo, Skin booster, Prp, Mesotherapy, Thread lift, Growth factor, Non-surgical skin lift, Non-surgical Rhinoplasty, Skin Resurfacing, Micro Fat Transfer (Cheekbones & Under Eye Area), Cheek, Chin & Lip Augmentation, Nano Fat Full Face (Dubai Exclusivity), Jawline Enhancement.

ADVANCED BODY CONTOURING

Evolve (fat reduction & muscle toning), Morpheus8 (skin tightening & stretch marks).

PLASTIC SURGERY

Our team of world-renowned surgeons and medical staff ensure offering you the utmost patient experience, following international quality and safety standards. Blepharoplasty, Brow Lift, Rhinoplasty (Nose Reshaping), Otoplasty (Ear Surgery), Face and Neck Lift, Upper Arm Lift, Breast Augmentation, Breast Reduction, Breast Lift, Gynecomastia (Male Breast Reduction), Liposuction, Abdominoplasty, Fat Grafting, Buttocks Augmentation & Brazilian Butt Lift.

AESTHETIC GYNECOLOGY

At Beverly Hills Clinic, we perform advanced and specialized procedures like Labiaplasty, Vaginal Tightening and Rejuvenation and other Vaginal Reconstruction Surgeries to help you discover the new you.

BOOK NOW PROFESSIONAL CONSULTATION

04 455 9999 |  +971522563388 | contactus@bhwa.com

Grand Floor, Five Palm Hotel

